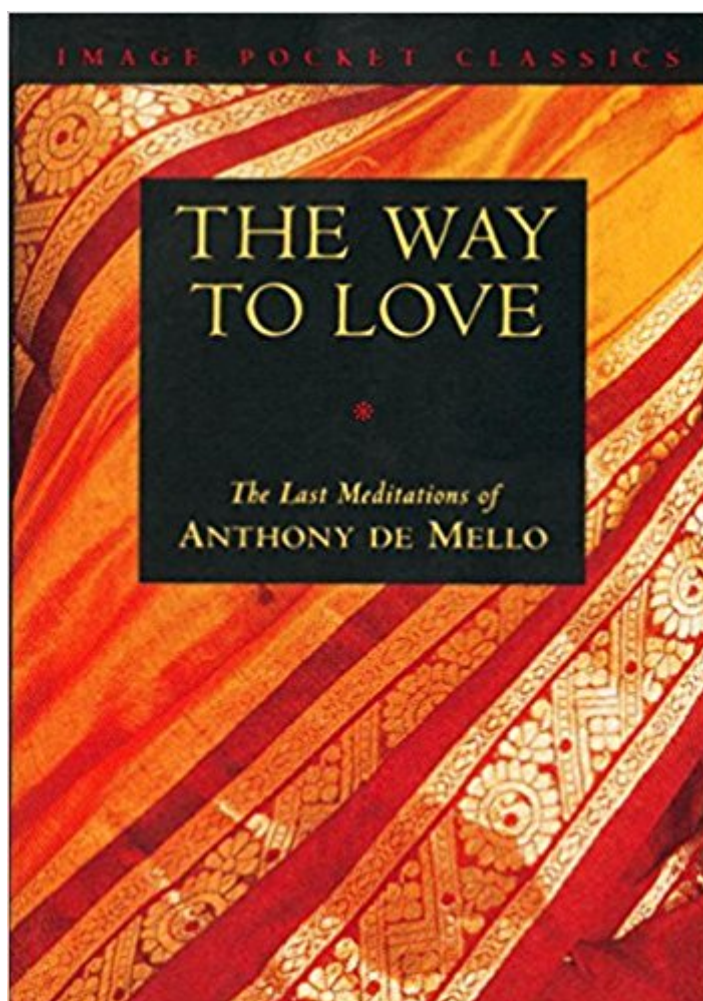


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# The Way To Love: The Last Meditations Of Anthony De Mello (Image Pocket Classics)



## Synopsis

The Way To Love contains the final flowering of Anthony de Mello's thought, and in it he grapples with the ultimate question of love. In thirty-one meditations, he implores his readers with his usual pithiness to break through illusion, the great obstacle to love. "Love springs from awareness," de Mello insists, saying that it is only when we see others as they are that we can begin to really love. But not only must we seek to see others with clarity, we must examine ourselves without misconception. The task, however, is not easy. "The most painful act," de Mello says, "is the act of seeing. But in that act of seeing that love is born."

Anthony De Mello was the director of the Sadhana Institute of Pastoral Counseling in Poona, India, and authored several books. The Way To Love is his last.

## Book Information

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I carry this book in my car in a ziploc bag. I love this book with my whole heart. I can quote sections just because I've read it so many times! Now on my third copy (not counting the dozens I've given away) I make a small notation of where I am while reading it. I smile - a field in Oregon; a cafe behind the Coliseum in Rome, the DFW airport, my local coffee shop, etc. Its terrific small size and massive spiritual punch make this a perfect book. And besides all that, I think it's actually helping make me a better person!

An amazing and well written analysis on love, attachment and expectation. This will help you to decipher how to truly put your approach and practice of love into perspective, starting with yourself!

I am so grateful to my friend and mentor who recommended this book. It is like getting the gift of a new set of eyes with which to see the world. I found myself experiencing effortless, yet profound, shifts in my views of life. It helps realign and reaffirm what I held as true while expanding upon these and allowing me to realize even more relationships I had not considered. Words fail to convey the value of reading this book.

Read This! Learn to Love Yourself! Learn what it means to say GOD IS LOVE. You won't regret it. You'll even grow and maybe add something special to the world

It was inevitable, the publisher has raised the price of this classic work a whole dollar. I just bought a used copy and it was like new. But in effect, this little pearl is priceless. A distillation of wisdom, Anthony de Mello's The Way To Love is a perennial guide to productive meditation. Based upon key

scripture passages, "Uncle Tony" breaks open the Word more efficaciously than any collection of prayers, songs or devotional readings ever written. Always new, every time you read any part this wonderful treasure, each page is crammed with keys to open your way into the Kingdom, not eventually, but right in the here and now! I always keep a copy of The Way To Love within easy reach and for almost two decades, it has been my "go to" anchor as I sailed the tumultuous seas of my own spiritual journey. If I had to pick out only one book from my massive accumulation of theological, spiritual, psychological, inspirational and historical texts, and it was to be the only thing I could take with me for the rest of my life, The Way To Love would be my only choice, hands down! For me, Fr. Anthony de Mello dwells personally between every set of covers. I give copies to people who ask me questions I cannot answer, not because the answers are specifically spelled out within the text, but because the book will open and continue to open dialogue between the reader and God. Analogically, the Way To Love is a transcendental transporter that can and will take you into the presence of Jesus, the Christ, but only in proportion to your exercising your freedom to become a student. If you do, your resourceful teacher, friend and companion on these wonderful trips is Anthony de Mello, himself. Timelessly fresh and always exciting, no matter to what page you happen to open, "Uncle Tony" is constantly there, offering you the keys to the Kingdom of God (or Heaven, they both mean the same thing). The neat part is that you can go there as often as you like, for the remainder your life here in time and space. Besides God's joyful gift of endless Self revelation, by continuously visiting with our amazing Creator, you just might get so wrapped up in your Divine relationship that you begin living a Christ like life. If that happens, you also might hardly notice the final transition from this mortal coil into God's "face to face" presence. It's something to think about. Thanks, Tony.

This is a great book mixed with Buddhism and Christianity. It mostly looks at how to have happiness without clinging. It looks at the many forms of conditioning that create unnecessary stress. The only thing missing is a greater discussion of how hard it is to let go when big things are at stake.

Meditation practices take years to change the brain, so it isn't as easy as makes it. He does mention briefly that it's hard, but mostly makes it seem easy. No amount of understanding will take away that you need practice when you learn any skills, including spiritual skills.

I LOVE this book and continue to read it over and over. I had heard of Anthony De Mello's work but didn't know where to start. I picked this "latest" as an introduction and I'm so glad I did. After reading it through the first time very quickly, I now read a chapter every so often as a reminder of what's

really important. It's a terrific book to use as a daily reader-the chapters are short but really full with insight and practical spirituality. He doesn't sugarcoat things and it's so refreshing! Highly recommend and it would make a great gift as it doesn't have any specific religious affiliation whatsoever.

This is a little book, easily carried in a pocket or purse; however the subject matter is not miniature. This is a collection of thirty-one meditations that form a gestalt around love. De Mello urges us to see through the surface of things to the core in order to apprehend the way to love.

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